



IN & OUT



PESTANA
CASCAIS
OCEAN & CONFERENCE
APARTHOTEL
PORTUGAL



IN

Come spend your holidays in a land where you can open the windows and announce: "Sea in sight!"

Whether you are a quiet traveler who seeks the tranquility of the Atlantic sea, or an avid explorer in search of the best scenery on the European coast, the Pestana Cascais is your home away from home. The one where you will, finally, get some rest.

Come alone or in a group, bring your family in the summer - and enjoy the stunning outdoor pool; the wide open garden, perfect to read or to let the kids play (and the other guests rest).

Or come in the winter, take shelter from wind and rain and revel in the comfort of the indoor pool filled with natural light, which makes you feel outdoors.



HIGH SEA'S CHARM, FIRM GROUND'S TRANQUILITY

With the Atlantic so close, it is impossible not to feel like letting go of the anchor, drop the sails and sail on a beat with the north wind. But the truth is that your rest will be much quieter in the rooms and suites at the Pestana Cascais than on an adventurous sailboat. All rooms have space for an extra bed as well as a balcony, whether it is a standard room, superior room or suite. Overlooking the sea, the pool and the gardens, here you can find all the services and amenities that characterize the hotels of the Pestana Group. Be the master of your own rest and get to know the surroundings. In this case, the Pestana Cascais.



DINING WITH THE SEA

With a restaurant called Ocean and an Atlantic bar, you have a little idea of what to expect when staying at the Pestana Cascais. Enjoy a good breakfast before leaving in your Atlantic adventures and face the day with more energy. For lunch or snack, you do not need to go fishing: ask for a delicious and traditional beef steak in “bolo do caco” or a hot-dog by the pool when the sun and heat permit. If it is colder, stay in the cozy room and take time to have lunch. And remember: Mediterranean cuisine is considered one of the world’s best. Enjoy being in the ideal place to taste it.



FACILITIES

Beach Surroundings

Wellness Center

Facilities for the Disabled

Sauna, Jacuzzi and Turkish

Restaurant

Cable TV

Bar

Kitchenette

Tennis Courts

142 Rooms

Health Club and Gym

7 Suites

Gardens

Air Conditioning

Meeting Room

Safe

Kid's Club (seasonal)

WiFi Access

Indoor & Outdoor Swimming Pool

Parking

Avenida Manuel Júlio Carvalho e Costa, 115
2754-518 - Cascais
Tel.: +351 214 825 900 Fax: +351 214 825 977
e-mail: guest@pestana.com
www.pestana.com

GPS
N: 38.696733
W: -9.438400

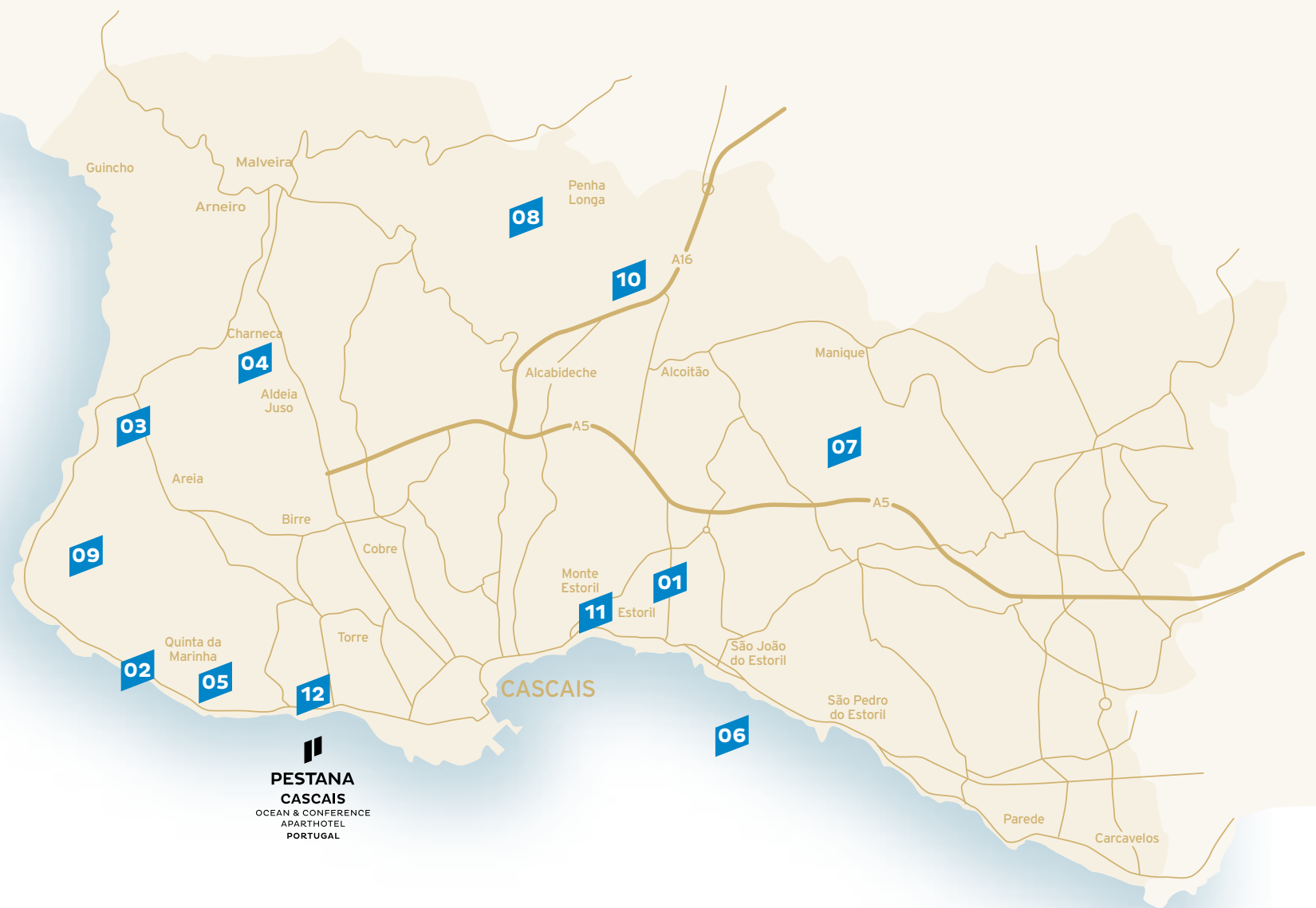


OUT

Cascais is the ideal place for all those wishing to stay close to Lisbon, far from the stress of the capital.

The Village that once was a fishing village is nowadays one of Portugal's wealthiest cities. Cascais gained fame when the Portuguese Royal family began to spend their holidays there at the end of the 19th century. The tradition remained, and Cascais continues to be a destination for all those seeking a beach or wanting to practice one of the multiple water sports available on the coast, or to play golf or tennis, attend a motor sport event, visit the casino or simply relax.

And as you might expect from a village close to the Sea, the local cuisine reinforces its offer with fish and seafood meals that are a delight for all visitors.




PESTANA
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- 01** ESTORIL TENNIS CLUB
- 02** QUINTA DA MARINHA HEALTH & RACKET CLUB
- 03** D. CARLOS I COUNTRY CLUB
- 04** COSTA DO ESTORIL EQUESTRIAN CENTER
- 05** QUINTA DA MARINHA EQUESTRIAN CENTER

- 06** COSTA DO ESTORIL
- 07** BELOURA GOLF COURSE
- 08** PENHA LONGA GOLF
- 09** OITAVOS DUNES
- 10** ESTORIL CIRCUIT
- 11** CASINO ESTORIL

TO DO

A place that breathes the ocean breeze everyday, the water sports are one of the main attractions, as tennis, golf and horse riding. A peripheral cycle path links the centre of Cascais with Guincho Beach, allowing pleasant walks and bike rides. We invite you to experience the atmosphere of glamour of the place: spend a memorable night at Casino Estoril – Europe’s largest casino and the oldest in Portugal.

OUT



TO DO

ESTORIL TENNIS CLUB
Avenida Condes Barcelona - Estoril
Tel.: +351 214 662 770/71

QUINTA DA MARINHA HEALTH & RACKET CLUB
Rua das Codornizes - Cascais
Tel.: +351 214 860 050

D. CARLOS I COUNTRY CLUB
Rotunda D. Carlos I, Areia - Cascais
Tel.: +351 214 871 403

COSTA DO ESTORIL EQUESTRIAN CENTER
Avenida da Charneca, 186 - Cascais
Tel.: +351 21 487 20 64

QUINTA DA MARINHA EQUESTRIAN CENTER
Quinta da Marinha, Casa 25 - Cascais
Tel.: +351 214 860 006

COSTA DO ESTORIL
Surf, bodyboard, longboard, windsurf,
kitesurf, paddle surf, scuba-diving, sail

BELOURA GOLF COURSE
Rua das Sesmarias, 3
Quinta da Beloura - Sintra
Tel.: +351 219 106 350

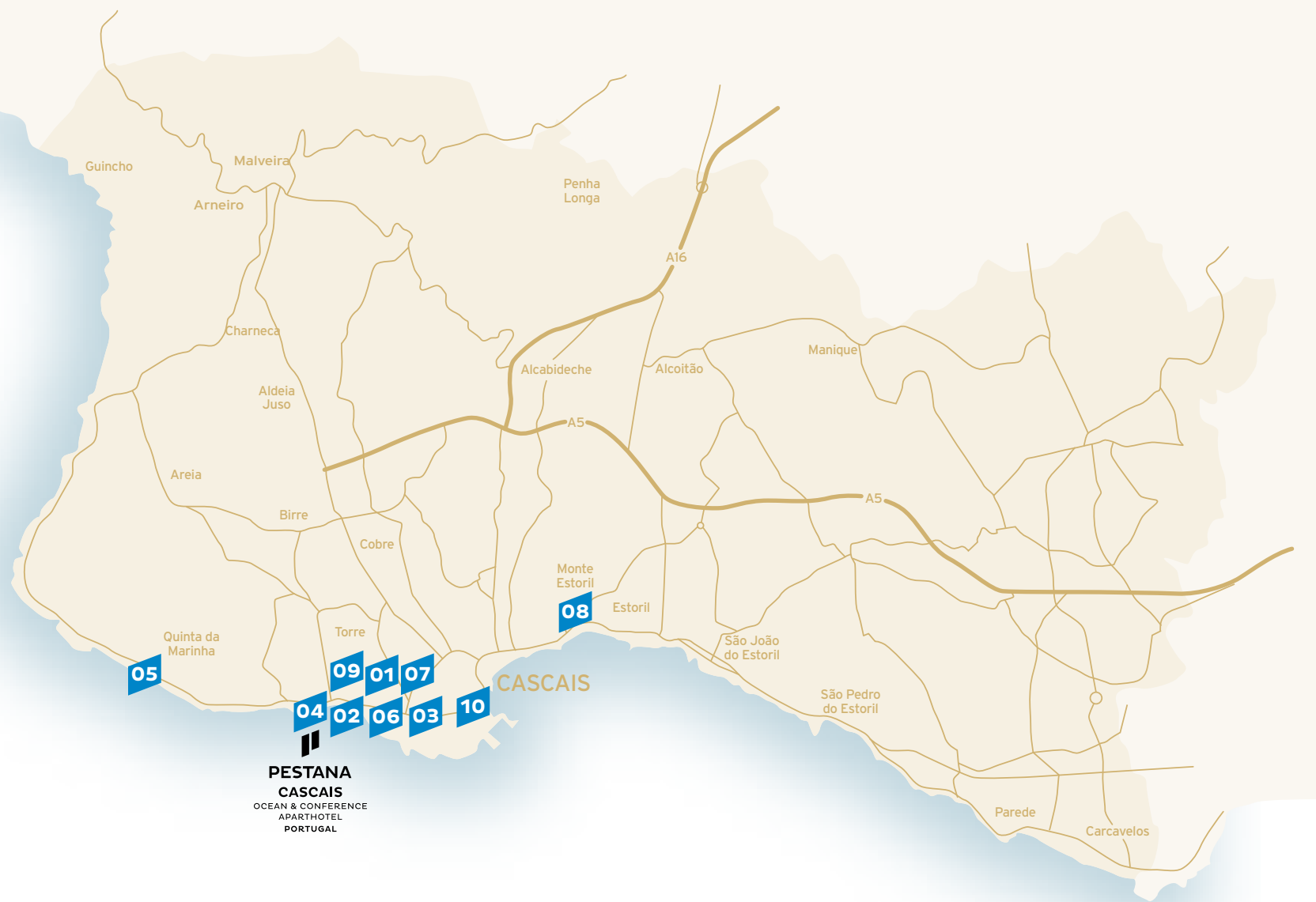
PENHA LONGA GOLF
Estrada da Lagoa Azul, Linhó - Sintra
Tel.: +351 219 249 031

OITAVOS DUNES
Quinta da Marinha, Casa 25 - Cascais
Tel.: +351 214 860 600

ESTORIL MOTOSPORT RACETRACK
Avenida Alfredo César Torres - Cascais
Tel.: +351 214 609 500

CASINO ESTORIL
Avenida Dr. Stanley Ho - Cascais
Tel.: +351 214 667 700

OUT



**PESTANA
CASCAIS**
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- 01** PAULA REGO STORIES HOME
- 02** SANTA MARIA HOUSE
- 03** CASCAIS CULTURAL CENTER
- 04** SANTA MARTA LIGHTHOUSE MUSEUM

- 05** SÃO JORGE DE OITAVOS FORT
- 06** LIBRARY MUSEUM OF THE COUNTS OF CASTRO GUIMARÃES
- 07** KING CARLOS SEA MUSEUM

- 08** PORTUGUESE MUSIC MUSEUM
- 09** MARSHAL CARMONA PARK
- 10** CITADEL OF CASCAIS

TO SEE

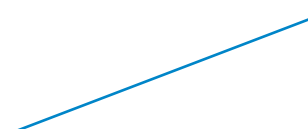
The view of the Atlantic Ocean is enough for anyone to fall in love with this village by the seaside.

But the history, present and future of Cascais offer you varied activities and places of interest to visit and discover.

OUT



TO SEE



PAULA REGO STORIES HOME
Avenida da República, 300 - Cascais
Tel.: +351 214 826 970

SANTA MARIA HOUSE
Rua do Farol de Santa Marta - Cascais
Tel.: +351 214 815 382

CASCAIS CULTURAL CENTER
Avenida Rei Humberto II de Itália - Cascais
Tel.: +351 214 815 660

SANTA MARTA LIGHTHOUSE MUSEUM
Rua do Farol de Santa Marta - Cascais
Tel.: +351 214 815 328

SÃO JORGE DE OITAVOS FORT
Estrada do Guincho - Cascais
Tel.: +351 214 815 949

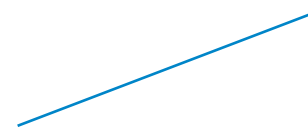
**LIBRARY MUSEUM OF THE COUNTS
OF CASTRO GUIMARÃES**
Avenida Rei Humberto II de Itália,
Parque Marechal Carmona - Cascais
Tel.: +351 214 815 308

KING CARLOS SEA MUSEUM
Rua Júlio Pereira de Mello - Cascais
Tel.: +351 214 815 906

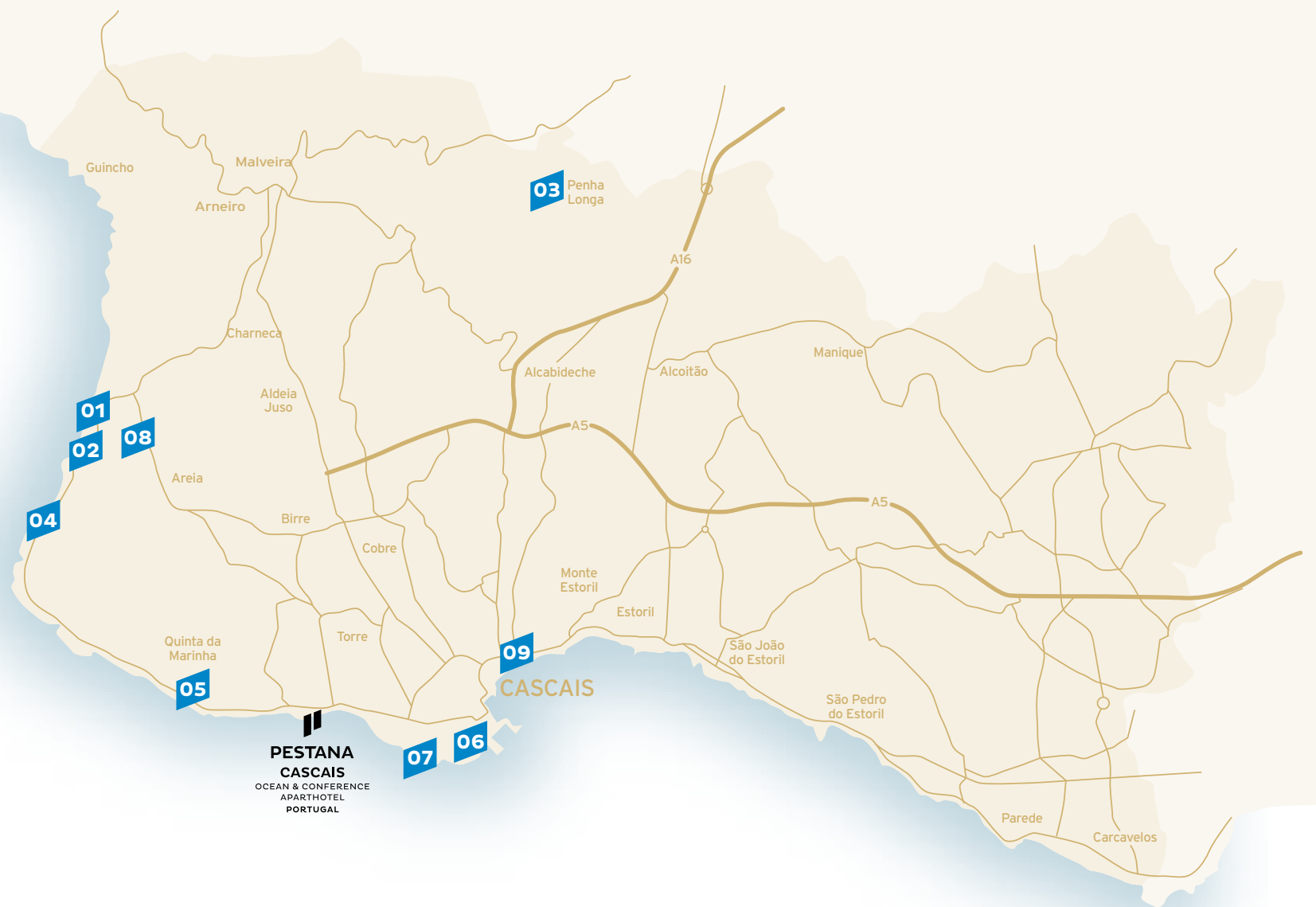
PORTUGUESE MUSIC MUSEUM
Casa Verdades de Faria
Avenida de Sabóia, nº 1146
Monte Estoril - Estoril
Tel.: +351 214 815 904

MARSHAL CARMONA PARK
Praceta Domingos D'Avilez,
Avenida da Republica - Cascais

CITADEL OF CASCAIS
Avenida D. Carlos I - Cascais



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- 01** FORTALEZA DO GUINCHO RESTAURANT
- 02** PORTO DE SANTA MARIA RESTAURANT
- 03** AROLA RESTAURANT

- 04** FURNAS DO GUINCHO RESTAURANT
- 05** PORTAL DA GUIA RESTAURANT
- 06** CONFRARIA RESTAURANT

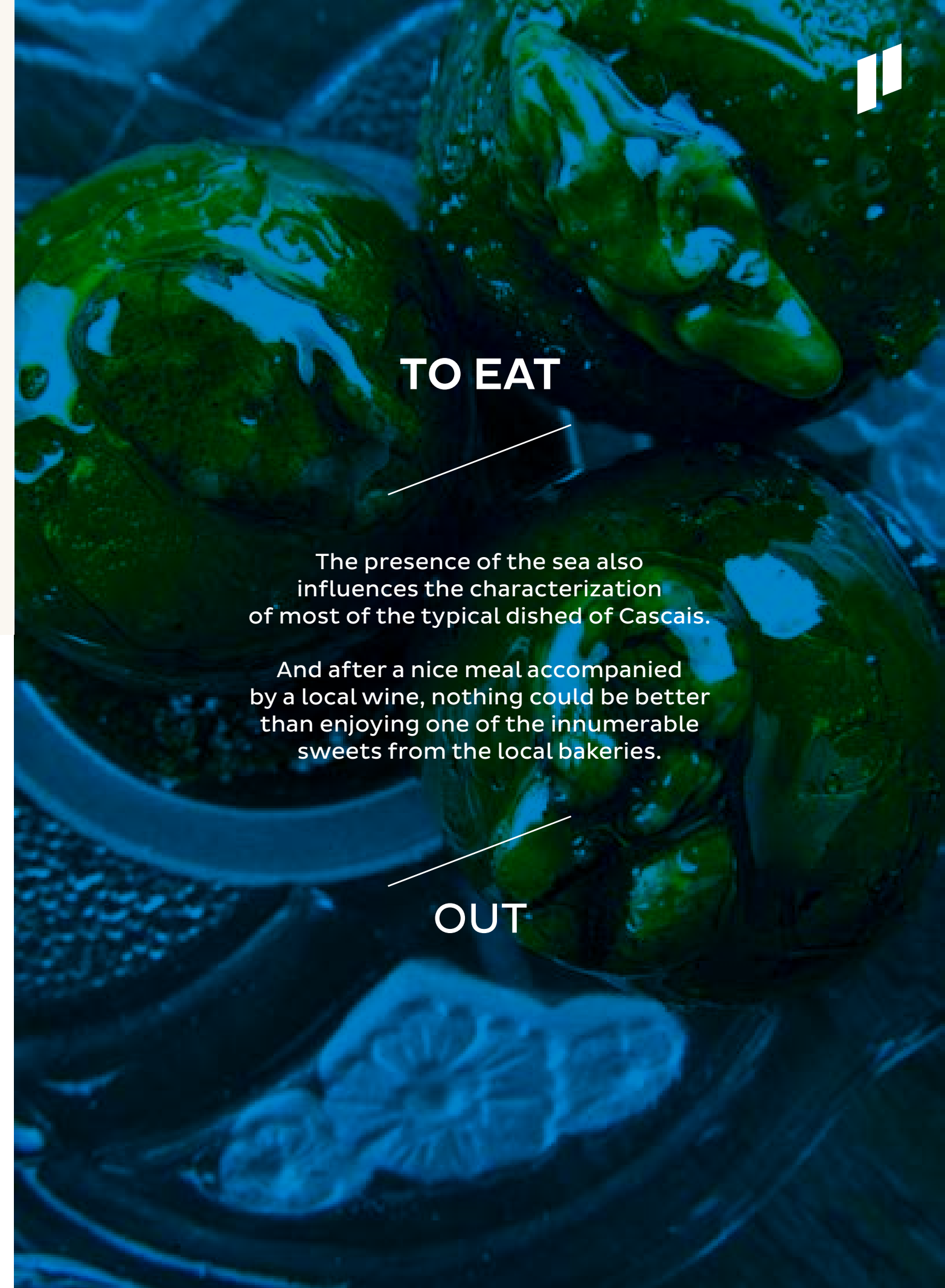
- 07** MAR DO INFERNO RESTAURANT
- 08** MESTRE ZÉ RESTAURANT
- 09** VISCONDE DA LUZ RESTAURANT

TO EAT

The presence of the sea also influences the characterization of most of the typical dishes of Cascais.

And after a nice meal accompanied by a local wine, nothing could be better than enjoying one of the innumerable sweets from the local bakeries.

OUT





TO EAT

RESTAURANTS

FORTALEZA DO GUINCHO
1 Estrela Michelin
Estrada do Guincho - Guincho
Tel.: +351 214 870 491

PORTO DE SANTA MARIA
1 Estrela Michelin
Estrada do Guincho - Cascais
Tel.: + 351 214 879 450

AROLA
Dirigido pelo Chef Sergi Arola
Estrada Lagoa Azul
Penha Longa Hotel Spa Golf Resort - Sintra
Tel.: +351 219 249 094

FURNAS DO GUINCHO
Estrada do Guincho
Tel.: +351 214 869 243

PORTAL DA GUIA
Avenida Diana Spencer 275, Cruz Guia - Cascais
Tel.: +351 214 843 258

CONFRARIA
Rua Luís Xavier Palmeirim 14 - Cascais
Tel.: +351 214 834 614

MAR DO INFERNO
Avenida Rei Humberto II de Itália
Boca do Inferno - Cascais
Tel.: +351 214 832 218

MESTRE ZÉ
Estrada do Guincho - Cascais
Tel.: +351 214 870 275
+351 214 870 360

VISCONDE DA LUZ
Jardim Visconde da Luz - Cascais
Tel.: +351 214 847 410

TYPICAL DISHES
Fresh Fish and Seafood.

CONFECTIONERY
Areias of Cascais, Queijinhos, Joaninhas Cakes, Cascais Nuts,
Raivas (Cinnamon Butter Biscuits), Sintra Cheesecake and Travesseiros.

BEVERAGES
Carcavelos Wine, Colares Wine.

OUT



PESTANA
HOTELS & RESORTS